



## NexusEQ Conferences

*Tools and Wisdom for Personal and Professional Growth*

5th Annual Emotional Intelligence Conference, Holland, June 2005  
***Leading with Emotional Intelligence***

FOR IMMEDIATE RELEASE

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### **CONFERENCE OFFERS SOLUTIONS TO YOUTH VIOLENCE Leading Researchers and Educators Call for Emotional Intelligence Programs as a Proven Method to Improve Schools and Resource Violence**

Delegates from 30 nations are expected to attend the 5<sup>th</sup> Annual NexusEQ Conference, titled "Emotionally Intelligent Leadership for a Sustainable World."

Emotional Intelligence is a concept that has been gaining rapid acceptance in the past decade partly because of recent scientific research on human behavior and the functioning of the human brain. Emotional intelligence (or "EQ") programs have been proven to improve learning while reducing violence and other risk factors.

The conference will highlight effective programs and strategies to create safe, positive, and effective schools. The event is produced by "Six Seconds," a nonprofit organization dedicated to the promotion of emotional intelligence together with "APS International," the Dutch national school improvement organization, and the EQ Europe Education Network.

"When our schools face tragic events like school shootings, the knee-jerk reaction is to install metal detectors and beef police presence in our schools. That might make us feel

(more)

like we're doing something, but in reality all we're doing is covering up the problem," said Anabel Jensen, PhD, Six Seconds' president.

"Thanks to advances in brain research and human behavior over the last 10 years, we know so much more now about how violence is triggered and how it can be controlled. But none of that new information has yet found its way into the mainstream thinking of educators, politicians, and law enforcement officials," Jensen said. "We know how to create safe and effective schools -- it begins and ends with healthy relationships."

Dr. Jensen noted that most of the recognized experts in the field of EQ have agreed to appear at the conference. She added that the conference is intended to give participants practical information and tools that will allow them to begin implementing EQ programs in schools, work, and other group settings. The conference will serve to launch several strategic initiatives which delegates can pursue throughout the year.

The list of speakers includes:

**Dr. Daniel Goleman** (US), bestselling author of *Emotional Intelligence* and *Primal Leadership* will show how emotional intelligence improves leadership.

**Dr. Peter Salovey** (US), Dean of Yale College, often called "the father of emotional intelligence" because he coauthored the definitional research in 1990, will explain how emotional intelligence links with performance.

**Yoshimi and Jon Brett** (New Zealand), creators of the TetraMap learning tool will present on the most effective ways for people to learn.

**Dr. Rina de Klerk** (South Africa), author of *Emotional Intelligence for Optimal Personal Growth* will present on powerful tools for developing emotional awareness.

**Massimiliano Ghini MBA** (Italy), author of the SEI emotional intelligence test will share latest research on emotional intelligence assessment in Europe.

**Dr. Yuri Hanin** (Finland), director of the Research Institute for Olympic Sports, will show how to enhance performance by engaging the power of emotions.

**Dr. Anabel Jensen** (US), professor of education and expert on teaching emotional intelligence, will identify the essential elements for teaching people to use and increase their EQ.

**Dr. Annie McKee** (US), an internationally known leadership expert, will tie the conference threads together and provide specific actions for using EQ to enhance leadership.

Further information is available from Six Seconds, (650) 685 9885 or at the conference web site, <http://www.NexusEQ.com> – online registration is also available.

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For more information:

Please visit the online press room at:

<http://www.NexusEQ.com/press>

Or call Six Seconds for a printed press kit  
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