



NexusEQ Conferences

Tools and Wisdom for Personal and Professional Growth

4th Annual Emotional Intelligence Conference, Orlando, January 2004

Creating and Sustaining Change

Nexus EQ is not just a conference about emotional intelligence -- it is an ***emotionally intelligent*** conference. It is not just a place for ideas -- it is a place for feelings, for fun, wonder, optimism, and for change. Come to a NexusEQ conference, and you will bring back tools, ideas, and resolve to improve the core elements of your personal and professional life.

The word "nexus" comes from Latin "to link or bind, a meeting place, a connected series or group," We chose the name because NexusEQ is a shared forum where competitors and allies in the field of emotional intelligence can work together to promote the larger goal. This conference is a place where ideas and best-practice come together. You will meet people from all walks of life with a shared commitment to changing the world, one relationship at a time.

Nexus is the only forum in the world which is specifically designed to bring people from around the globe and from many sectors together to increase the practical implementation of emotional intelligence. Together we are a "brain trust" – or better yet, a "heart and brain trust" – educators and activists, doctors and business leaders, elected officials and civil servants, all with the shared commitment to giving up egocentrism and using our own emotional power to create a more humane, nurturing, and healthy context for future generations. The purpose is to build a new collaboration of leaders who share a commitment to increasing the quality of life by teaching one another how to have stronger relationships.

Real Life Applications

Working around the world building emotional intelligence, I have found that when we bring people from a variety of sectors together, there is a powerful synergy. Participants realize that in all walks of life, and all over the world, people are struggling with a similar challenge: helping people be and do their best in a safe, positive atmosphere. NexusEQ supports people to come together and strengthen their resolve and their skills for this critical mission.

NexusEQ is about meeting pressing problems, forming sustainable solutions, and inventing a future where people can be and do their best. We use the tools of emotional intelligence, but the purpose goes beyond "emotional development for its own sake." The focus is on outcomes: Improving performance, enhancing leadership, increasing learning, healing people, unlocking capacities, creating peace.

History

The conference series was created by a team of EQ experts and leaders working in collaboration. From the outset, we have been committed to building NexusEQ as a forum where different points of view can converge -- a level playing field for a wide variety of emotional intelligence practitioners and allies. To achieve that goal, we keep inviting a wide spectrum of experts to participate in NexusEQ -- we're looking to discover and share best practices, not to promote a particular group or model. Periodically, we invite teams of EQ experts to join forces and envision a learning experience that will meet the audacious goal of building an emotionally intelligent future.

On May 5-7, 2000, we hosted the world's top authors, experts, and educators in the fields of emotional intelligence (EQ) and emotional health for a remarkable conference. Presenters included Robert Cooper, Martin Seligman, Peter Salovey, Candace Pert, Bruce Cryer, Anabel Jensen, Claude Steiner, and many other groundbreaking innovators critical to keeping practitioners on the cutting edge.

On June 19-21, 2002, we partnered to create another groundbreaking event -- the first African Emotional Intelligence conference in Durban, South Africa.

On May 28-30, 2003, the Nova NexusEQ Conference delivered best practices in Human Resources, Education, and Health.

The 2004 conference will focus on supporting the EQ advocates and practitioners around the world. A hands-on, interactive conference, the event will provide the latest research, tools, and strategies that are working to develop sustainable change. The conference is in Orlando, perfect for a combined learning experience and family vacation.

Six Seconds launched this project because we are committed that positive change begins with each of us as individuals. Gandhi said, "Be the change you want to see in the world," and Six Seconds is about helping people do just that. We are building the "new model" of nonprofit organization -- a distributed network of change-makers with a shared vision, shared tools, and shared noble goals. Our vision is to sustain an organization of people empowered to learn, live, and teach emotional wisdom.

The priority is that emotional intelligence be implemented in schools, communities, and companies so people can live more full, healthy, complete lives. We are happy to have educators use our Self-Science curriculum, and we are also happy to have them use one of the other excellent programs available. The same is true of our trainer training and organizational work -- we will be satisfied when we can put ourselves out of business because emotional intelligence is being implemented in every community around the world. So whatever your background and affiliation, whoever you are working with or for, whichever program you are using, as long as you are committed to building emotional wisdom, starting with yourself, we are here as your ally and advocate.

Joshua Freedman
Conference Chair